

# Bhutan

6D4N

PARO | THIMPHU | PUNAKHA

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马来西亚直飞不丹

帕罗 | 廷布 | 普那卡

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LICENSED TRAVEL AGENCY IN BHUTAN



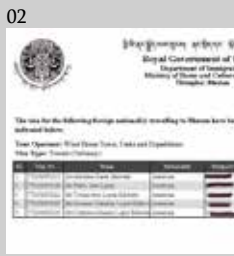
# 11大赠送 独家超值

EXCLUSIVE  
COMPLEMENTARY

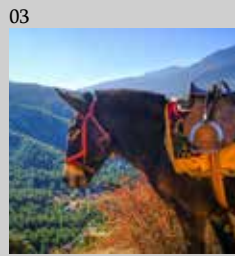
WORTH  
价值  
RM888



Bhutanese Cultural Dance  
不丹文化舞蹈表演



Bhutan Tourist Visa  
不丹旅行签证



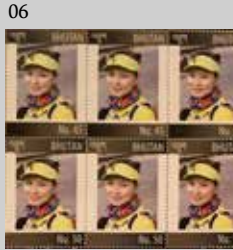
Horse Ridding at Tiger Nest  
骑小马上虎穴寺



Bhutanese Tashi Khadar  
不丹传统围巾



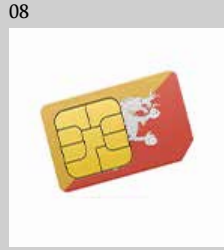
Organic Lemongrass Spray  
天然香茅精油



Personalized Bhutan Stamp  
印制个人邮票



English, Chinese Speaking Guide  
中英导游讲解



Local Data Sim Card 3GB  
3GB网络电话卡



Unlimited Complimentary Water  
无限矿泉水



Hiking Stick at Tiger Nest  
虎穴寺的登山杖



Bhutanese Costume Experience  
不丹传统服装

## ACCOMMODATION 住宿

	4* HOTEL ( OR SIMILAR CLASS )	5* HOTEL ( OR SIMILAR CLASS )
THIMPHU	<p>@ Druk Hotel</p> <p>@ Ramada Hotel</p>	<p>@ DusitD2 Yarkay Thimphu</p>
PARO	<p>@ Tashi Namgay Resort</p> <p>@ Tenzinling Luxury Camp</p>	<p>@ Le Méridien Paro, Riverfront</p>

STAY 留宿	LOCATION 地点	4* PACKAGE ( OR SIMILAR CLASS )	5* PACKAGE ( OR SIMILAR CLASS )
2 NIGHTS 2晚	THIMPHU 廷布	Druk Hotel / Ramada Hotel	DusitD2 Yarkay Thimphu
2 NIGHTS 2晚	PARO 帕罗	Tashi Namgay Resort / Tenzinling Resort / Tenzinling Luxury Camp / Tigernest Camp	Le Méridien Paro, Riverfront

## VARIETIES CUISINE 各种美食

- SUJA 酥油茶
- JASHA MARU 不丹咖喱鸡
- SHAMU DATSHI 蘑菇芝士
- EZAYS 辣蘸料
- MALAYSIAN BAK KUT TEH 肉骨茶
- EMA DATSHI 辣椒芝士
- SIKAM PAA 不丹培根肉
- DAL BHAT 米饭和扁豆
- KHATEM 炸苦瓜
- INDIAN CUISINE 印度料理
- KEWA DATSHI 马铃薯芝士
- BHUTAN RED RICE 不丹红米
- KHUR-LE 大麦煎饼
- THAI CUISINE 泰国料理
- CHINESE CUISINE 中式料理





DAY 1 – MALAYSIA – PARO – THIMPHU (MOB/L/D)

※ **Rinpung Dzong:** Built in 1646, meaning "fortress full of treasures," it is a religious, administrative, and cultural center known for its Tibetan architecture and historical significance.

※ **Tachogang Lhakhang Bridge:** A scenic iron chain bridge built by Drupthob Thangtong Gyalpo, leading to the famous Tachogang Lhakhang Dzong.

※ **Tashichho Dzong:** Bhutan's religious and administrative center. It houses the King's office and the summer residence of the monastic body. Known for its traditional architecture and solemn atmosphere.

DAY 2 – THIMPHU – PUNAKHA – THIMPHU (B/L/D)

※ **Dochula Pass:** A mountain pass with panoramic snow-capped views and 108 memorial chortens, built in honor of Bhutan's royal family.

※ **Druk Wangyal Chorten:** A set of stupas commissioned by the Royal Queen Mother in tribute to Bhutan's royal family, serene and beautifully constructed.

※ **Sopsokha Village Walk:** A small village where Lam Drukpa Kinley, the Divine Madman, is said to have subdued a demoness using a phallus to discipline evil spirits.

※ **Chimi Lhakhang:** A famous pilgrimage site known as the Temple of Fertility, particularly popular among childless couples seeking blessings.

※ **Punakha Dzong:** This iconic dzong lies at the confluence of the Mo Chhu and Pho Chhu rivers and is a prime spot for scenic photography and religious blessings.

※ **Punakha Suspension Bridge:** One of Bhutan's longest suspension bridges, spanning a scenic river, ideal for capturing memorable photos.

※ **Monk Blessing Ceremony:** A series of religious rites performed by monks and lamas, offering blessings for a happy and prosperous life.

DAY 3 – THIMPHU – PARO (B/L/D)

※ **Kuenselphodrang Nature Park (Buddha Point):** Home to the nation's largest Buddha statue, the 169-foot-tall seated Buddha Shakyamuni, with breathtaking views over the Thimphu valley.

※ **National Memorial Chorten:** Built in honor of Bhutan's third king, this stupa reflects the deep reverence of the Bhutanese for both their king and religion.

※ **Motithang Takin Preserve:** A sanctuary for the gentle and rare takin, Bhutan's national animal, which roams freely in the forests.

※ **Jungshi Handmade Paper Factory:** A preservation project showcasing traditional handmade paper production using ancient techniques passed down through generations.

※ **Bhutan Post office Headquarters :** Bhutan is the world's famous "stamp-country" and you may create your own personalized stamp here, and send with those postcards to your beloved friends and family.

※ **Norzin Lam Street and Handicrafts Market:** A popular area for authentic Bhutanese handicrafts, clothing, and accessories, ideal for souvenir shopping.

※ **Simply Bhutan Museum:** A living museum dedicated to preserving Bhutanese traditional culture, where visitors can try archery, Bhutan's national sport.

DAY 4 – PARO (B/L/D)

※ **Tiger's Nest:** Bhutan's iconic cliffside monastery, perched 900m above Paro Valley. Built in 1692, it is said Guru Rinpoche flew here on a tigress to meditate and subdue demons. Visitors can hike or ride halfway, then continue on foot.

※ **Drugyel Dzong:** The "Fortress of Victory," built by Zhabdrung Ngawang Namgyal in 1647 to commemorate his victory over the Mongol warlord Gushri Khan. A wonderful photo stop, rich with history.

※ **Bhutanese Traditional Dress Experience:** Try on Bhutan's traditional attire, the Gho and Kira, and capture the perfect cultural photo of the day.

DAY 5 – PARO – MALAYSIA (B/L/MOB)

※ **Paro Town:** A leisurely day for shopping in the town, where you can select unique Bhutanese handicrafts and souvenirs to take home, concluding your journey in Bhutan.

※ **Kyichu Lhakhang:** One of Bhutan's oldest temples, built in the 7th century, offering a glimpse into rural Bhutanese life and the chance to try traditional rice wine, Ara.

DAY 6 – ARRIVAL IN MALAYSIA

Your Bhutan journey ends here, Tashi Delek !

第 1 天 – 马来西亚 – 帕罗 – 廷布 ( 机上用餐/午/晚餐 )

※ **日蓬宗:** 建于1646年，意为“堆满珍宝的堡垒”。它是宗教、行政和文化的中心，以其壮丽的藏式建筑和历史地位闻名。

※ **塔秋冈拉康:** 一座由传奇铁索桥匠人Drupthob Thangtong Gyalpo建造的桥梁，连接塔秋冈拉康宗堡，风景优美。

※ **扎西却宗:** 不丹的宗教与行政中心，既是国王的办公室所在地，也是夏季大僧院的驻地。该寺庙以其传统的建筑风格和庄严的氛围而闻名，是不丹最重要的地标之一。扎西却宗不仅是政治和宗教活动的中心，也是游客深入了解不丹历史、文化和宗教的理想之地。

第 2 天 – 廷布 – 普纳卡 – 廷布 ( 早/午/晚餐 )

※ **多楚拉山口:** 雪山环绕的美丽山口，拥有108座纪念佛塔，庄严肃穆。

※ **楚克旺耶纪念碑:** 由皇太后为纪念不丹王室和国家而建的佛塔，建筑精美，气势恢宏，是不丹文化的象征之一。

※ **索索卡村徒步游:** 位于稻田中的小村庄索索卡，据说是神圣的疯僧喇嘛竹巴吉列用阳具制服恶灵并加以驯服的地方。

※ **切米拉康寺:** 不丹著名的祈子寺庙，特别适合无子女的夫妻前来朝圣祈福，充满灵性的祝福地。

※ **普那卡宗:** 坐落于两河交汇处的不丹标志性宗堡，以其宏伟建筑和宗教祝福仪式闻名，是游客拍照和感受宗教氛围的热门之选。

※ **普那卡吊桥:** 不丹最长的吊桥，横跨清澈河流，两岸风景如画，是不可错过的徒步景点。

※ **僧侣祈福仪式:** 是由佛教僧侣和喇嘛举行的一系列宗教仪式。这些仪式体现了咒语的重要性，并将为您祈求幸福与繁荣的生活。

第 3 天 – 廷布 – 帕罗 ( 早/午/晚餐 )

※ **Kuenselphodrang 自然公园 (金刚座释迦牟尼佛像) :** 不丹最大的释迦牟尼佛像，高达169英尺，屹立于廷布山谷之上。

※ **国家纪念佛塔:** 由不丹人民为纪念第三代国王修建，这座佛塔以其典雅庄重的建筑风格闻名，是宗教和国王至高无上地位的象征。佛塔内有众多佛教壁画与雕塑，游客可以参与转塔祈福，感受不丹人民虔诚的信仰。

※ **Motithang 羚羊保护区:** 保护区专为不丹国兽Takin (羚牛) 而设，这种珍稀动物以奇特的头部形状和温顺的性格闻名。游客可以近距离观察这些独特的生物，了解它们的生态习性，是亲近自然和了解不丹动物保护事业的好去处。

※ **Jungshi 手工纸厂:** 不丹传统手工纸的制作过程在这里得以完整展现。从原材料的处理到成品的制作，游客能全程观看，甚至参与制作，体验这项传承了几个世纪的古老工艺，是感受不丹文化魅力的必去之地。

※ **国家邮政总局:** 不丹以其独特的邮票设计而闻名，这里提供个性化邮票定制服务，游客可以将自己的照片制成邮票，并将附有邮票的明信片寄回家乡。

※ **Norzin Lam 街区与工艺品集市:** 这是廷布最繁华的购物区域，街区内汇聚了不丹传统工艺品商店，各种精美的手工作品、传统服饰和家居用品琳琅满目。

※ **“简单不丹”博物馆:** 这座活态文化博物馆展示了不丹的传统生活方式，包括民俗建筑、农耕工具和日常器物等。

第 4 天 – 帕罗 ( 早/午/晚餐 )

※ **虎穴寺:** 不丹最具标志性的悬崖寺庙，位于帕罗谷上方900米的悬崖上。该寺庙建于1692年，传说 Guru Rinpoche (宗喀巴大师) 曾骑着一只母虎飞到这里，在山洞中冥想并降伏恶魔。游客可以选择徒步登山或骑马至半山，然后继续步行至寺庙，途中风景如画，是不容错过的经典体验。

※ **卓杰宗:** 胜利堡垒，纪念不丹战胜蒙古军阀的历史事件，是拍照留念的佳地。

※ **不丹传统服饰体验:** 游客可以穿上不丹传统服装——男性的“戈”和女性的“基拉”，亲身体验不丹的传统文化。你可以拍下身着传统服饰的照片，留下难忘的回忆，感受不丹的文化与魅力。

第 5 天 – 帕罗 – 马来西亚 ( 早/午/机上用餐 )

※ **帕罗小镇:** 自由购物的不二之选，挑选独特的不丹手工艺品和纪念品，为旅行画上完美句号。

※ **祈楚拉康:** 不丹最古老的寺院之一，建于7世纪，是农耕文化与宗教信仰的交汇地。品尝传统米酒Ara，体验不丹农民生活。

第 6 天 – 抵达马来西亚

扎西德勒，你的不丹之旅到此结束！

# BHUTAN MAP ROTATION

## 不丹地图旅游路线



PARO, Paro Valley



PARO, Kyichu Temple



PARO, Tiger Nest



Bhutan, Takin



PUNAKHA, Phallus Paintings



THIMPHU, Buddha Point



### ESTIMATED FLIGHT SCHEDULE 预计航班时间

DEPARTURE 出发	Day 01 第一天	B3-709	0500 KUL 吉隆坡	-	0720 PARO 帕罗	🕒 4 Hrs 30 Mins
RETURN 往返	Day 05 第五天	B3-708	1630 PARO 帕罗	-	0020+1 KUL 吉隆坡	🕒 5 Hrs 50 Mins via Kolkata

\*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice. 此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等。

### TOUR FARE 团费

DEPARTURE 出发日期	ADULT TWINS 成人	CHILD TWIN 小孩占床	PRIVATE GROUP 私人包团	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险

### TERMS & CONDITIONS 备注：

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines in case if there is any hike if any of these fee without notice by the authorities.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.
- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.
- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
- Government SDF Waiver is subject to change according to Bhutan government decision.

#### Deposit / Tour Payments

A non-refundable of RM 3000 per person must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit of RM3000 per person will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

